

ANSWER THE FOLLOWING AS THEY RELATE TO THE PAIN YOU ARE EXPERIENCING

Today's Date \_\_\_\_\_

Patient Name \_\_\_\_\_ Height \_\_\_\_\_ Wt \_\_\_\_\_

Did your primary care doctor refer you?      \_\_\_yes \_\_\_no

If yes, what is that doctor's name? \_\_\_\_\_

Which of these symptoms do you get?      \_\_\_ Tiredness in your legs when you walk  
\_\_\_ Giving way of your leg(s) when you walk  
\_\_\_ Weakness in your leg(s)  
\_\_\_ Numbness or tingling in your leg(s) or feet  
\_\_\_ Numbness or tingling in your arm(s) or hand  
\_\_\_ Bladder symptoms of urgency or incontinence  
\_\_\_ Weakness in your arm(s) or dropping things  
\_\_\_ Headaches

What started the pain?      \_\_\_ Auto Accident  
\_\_\_ Fall  
\_\_\_ Work Injury  
\_\_\_ Lifting Injury  
\_\_\_ Not sure  
\_\_\_ The pain developed over time

How long have you had the pain?      \_\_\_ Less than 1 month  
\_\_\_ 1-3 months  
\_\_\_ 3-6 months  
\_\_\_ 6-12 months  
\_\_\_ over 1 year (number of years) \_\_\_\_\_

Indicate if any of these describes your pain:      \_\_\_ Dull      \_\_\_ Deep      \_\_\_ Sharp  
\_\_\_ Tingling      \_\_\_ Burning      \_\_\_ Achy  
\_\_\_ Stabbing

How would you describe it when it occurs?      \_\_\_ Constant      \_\_\_ several times a day  
\_\_\_ Daily      \_\_\_ several times a week  
\_\_\_ only with certain activities

Do any of these make it WORSE?      \_\_\_ Lying down      \_\_\_ walking      \_\_\_ stairs  
\_\_\_ bending over      \_\_\_ coughing      \_\_\_ sitting  
\_\_\_ driving      \_\_\_ standing      \_\_\_ Lifting

Do any of these make it BETTER?      \_\_\_ Lying down      \_\_\_ moving      \_\_\_ walking  
\_\_\_ sitting

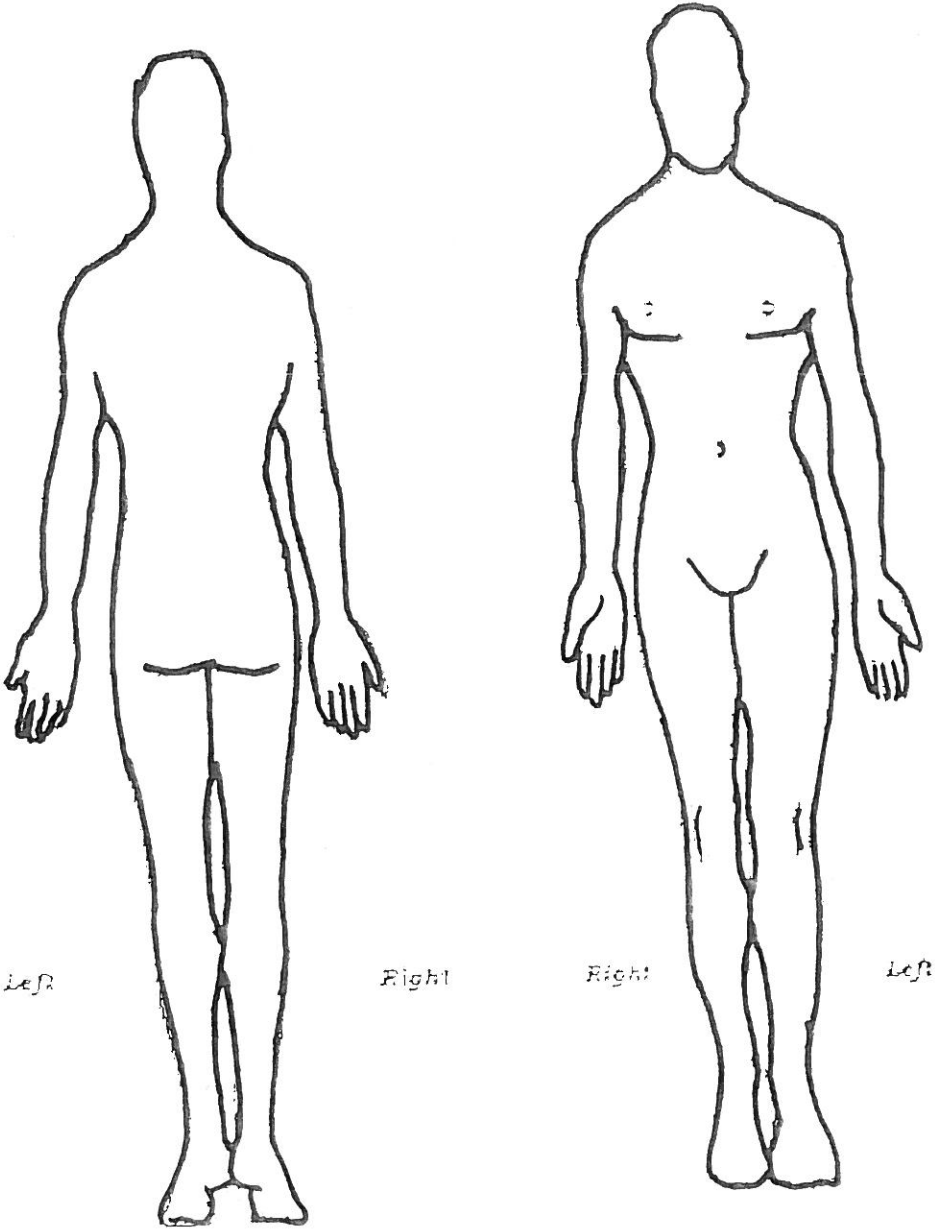
Which of these specialists have you seen?      \_\_\_ Physical Therapist      \_\_\_ chiropractor  
\_\_\_ pain management

Have you gotten a prescription for:      \_\_\_ Ibuprofen, Naproxen, Voltaren, Celebrex  
\_\_\_ Steroids (prednisone, medrol, 5-10 steroid pack

How bad is the pain?      Not Bad at All      1 2 3 4 5 6 7 8 9 10      Unbearable

# PAIN DIAGRAM

PLEASE INDICATE ON THE DIAGRAM WHERE YOU FEEL PAIN



Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_